Track: 2024-04-05 La Translepini — **Date: 06/04/2024**

Track: 2024-04-05 La Translepini	**IBP = 248 HKG**
These speeds are average for = HKG	
IBP index reliability= B	

Total length	50.05 Km
Analyzed distance	50.05 Km
Lineal distance	0 Km

Accumulated climb	3109.1 m
Accumulated descent	3108 m
Maximum height	1483.2 m
Minimal height	202.2 m
Climb rate	12.7 %
Descent rate	13.42 %
Positive climb difference per km	62.12 m
Negative descent difference per km	62.1 m

Total time	14:32:13 h
Time in movement	13:36:37 h
Stopped time	0:55:36 h

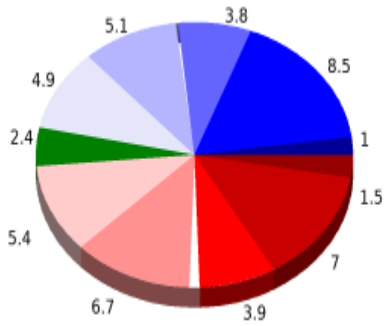
Total speed average	3.44 Km/h
Average speed in movement	3.68 Km/h
Maximum held speed	9.48 Km/h

Max slope filter	~55 %
Min. points separation	~30 m
Number of points	3147 (cad. 15.9 m)
Significant points	1334 (cad. 37.57 m / 42.39 %)
Aberrant points	24 (0.76 % d. total)

Direction changes per km	13.65
Direction changes >5° per km	11.37
Accumulated straight stretches	5.011 Km
Straight stretches per km	100.12 m
Penalizables slope changes	19
Penalizables slope changes per km	0.38

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Summary of slopes

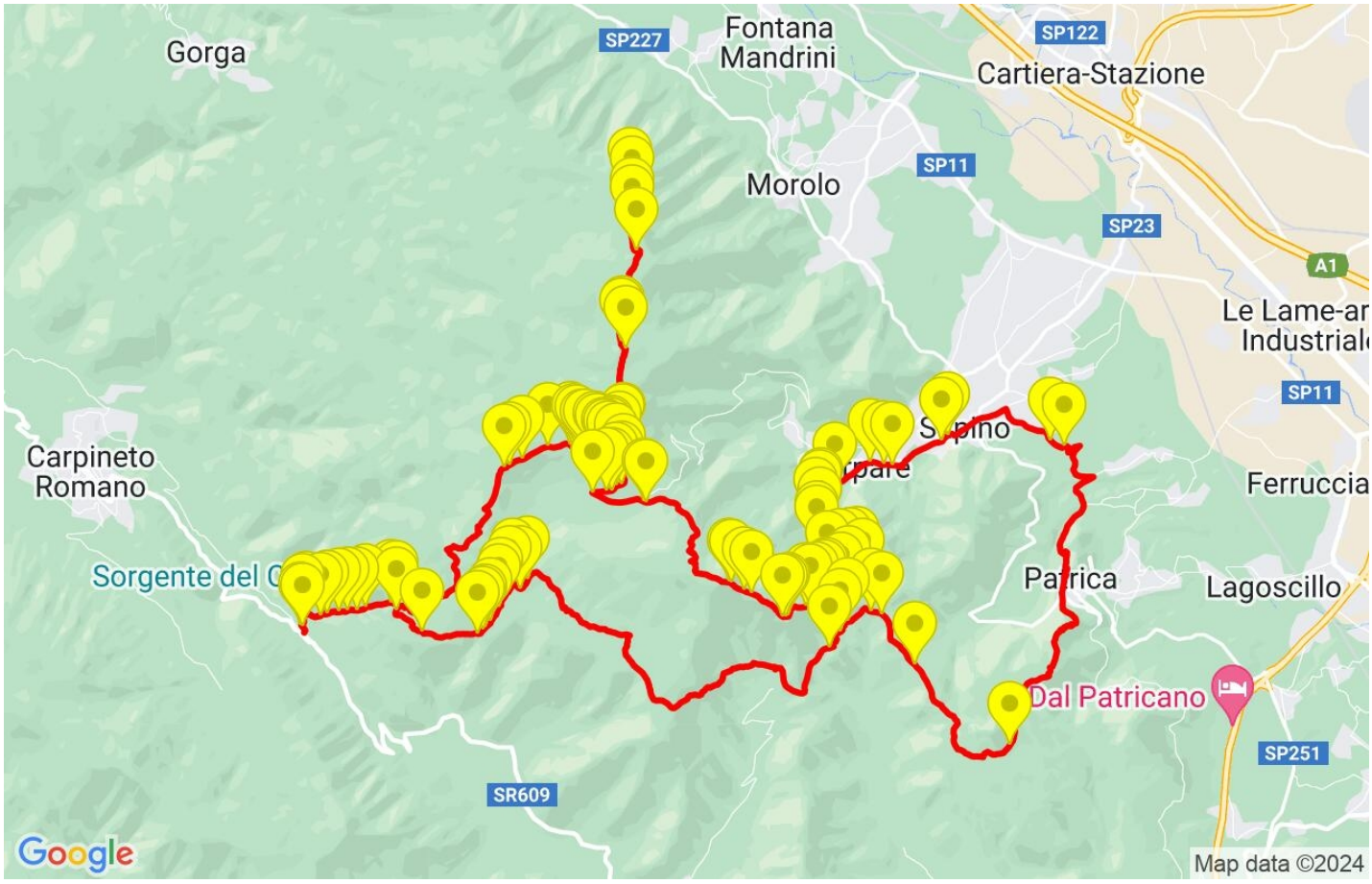


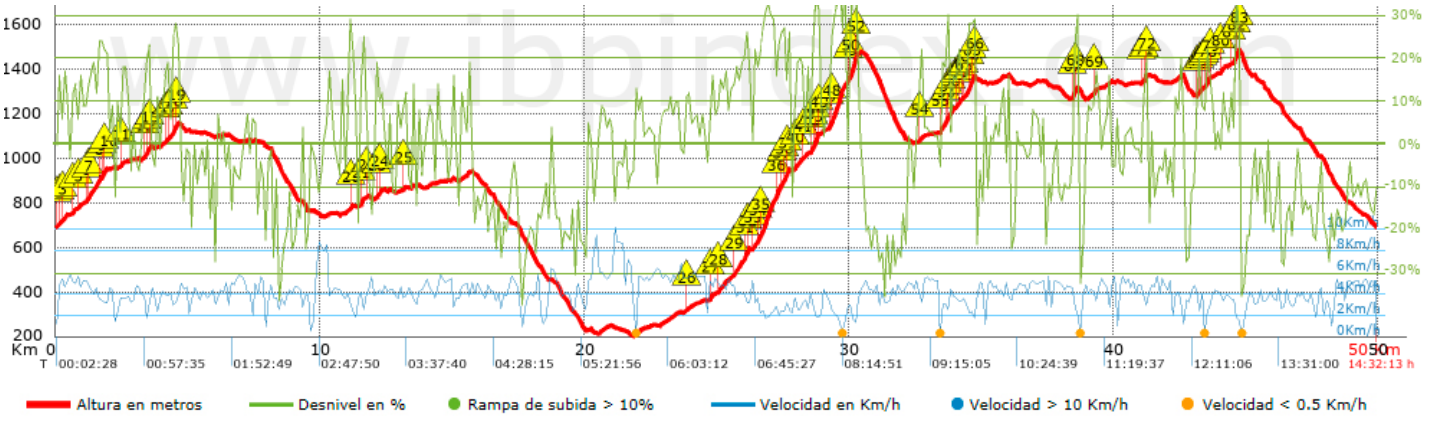
	Climbs	Distance in km	above the total in %	Speed in	Time h:m:s
	Between 30% and 55%	1.503	3	1.67	0:54:03
	Between 15 and 30%	6.994	13.98	2.93	2:23:23
	Between 10 and 15%	3.865	7.72	3.94	0:58:54
	Between 5 and 10%	6.74	13.47	4.11	1:38:17
	Between 1 and 5%	5.37	10.73	4.55	1:10:47
	Total :	24.472	48.9	3.45	7:05:24
	Plain				
	Difference of 1%	2.417	4.83	4.26	0:34:02
	Breakdown descents				
	Between 1 and 5%	4.908	9.81	4.25	1:09:15
	Between 5 and 10%	5.07	10.13	4.43	1:08:38
	Between 10 and 15%	3.753	7.5	4.29	0:52:29
	Between 15 and 30%	8.475	16.93	3.53	2:23:52
	Between 30% and 55%	0.952	1.9	2.49	0:22:57
	Total :	23.159	46.27	3.89	5:57:11
	Total track :	50.05	100 %	3.68	13:36:37

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Steep slopes > 10%

Steep slope	Mileage point	Average slope	Interval
 1	0.094	11 %	33 m
 2	0.128	12 %	148 m
 3	0.275	16 %	132 m
 4	0.618	12 %	117 m
 5	0.897	14 %	119 m
 6	1.155	13 %	119 m
 7	1.274	19 %	363 m
 8	1.638	22 %	145 m
 9	1.783	18 %	110 m
 10	1.892	20 %	70 m
 11	2.501	11 %	121 m
 12	3.341	12 %	98 m
 13	3.439	20 %	41 m
 14	3.481	22 %	131 m
 15	3.611	16 %	38 m
 16	4.142	17 %	119 m
 17	4.417	26 %	176 m
 18	4.593	15 %	38 m
 19	11.141	25 %	111 m
 20	11.528	18 %	194 m
 21	11.722	13 %	80 m
 22	12.129	17 %	168 m
 23	12.297	20 %	30 m
 24	13.163	12 %	102 m
 25	23.832	12 %	119 m
 26	24.761	15 %	119 m

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27	25.07	13 %	584 m
28	25.654	17 %	407 m
29	26.061	23 %	34 m
30	26.096	26 %	114 m
31	26.209	26 %	29 m
32	26.394	19 %	218 m
33	26.612	22 %	63 m
34	26.675	29 %	597 m
35	27.272	25 %	177 m
36	27.449	28 %	149 m
37	27.598	18 %	104 m
38	27.702	30 %	83 m
39	27.992	16 %	235 m
40	28.227	12 %	144 m
41	28.591	19 %	41 m
42	28.631	21 %	98 m
43	28.729	35 %	117 m
44	28.846	31 %	38 m
45	29.258	20 %	34 m
46	29.293	21 %	43 m
47	29.335	34 %	555 m
48	30.037	41 %	227 m
49	30.264	23 %	35 m
50	30.299	18 %	106 m
51	32.646	11 %	38 m
52	32.684	18 %	108 m
53	33.461	20 %	193 m
54	33.654	24 %	71 m

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55	33.725	29 %	98 m
56	33.905	14 %	116 m
57	34.021	15 %	177 m
58	34.197	14 %	106 m
59	34.303	11 %	42 m
60	34.346	15 %	38 m
61	34.384	19 %	141 m
62	34.525	28 %	172 m
63	34.697	24 %	35 m
64	34.732	29 %	42 m
65	38.469	22 %	113 m
66	38.582	29 %	111 m
67	39.258	19 %	94 m
68	41.088	13 %	68 m
69	41.157	21 %	123 m
70	41.28	29 %	30 m
71	43.187	18 %	113 m
72	43.479	17 %	39 m
73	43.518	24 %	107 m
74	43.625	16 %	43 m
75	44.052	16 %	141 m
76	44.443	12 %	202 m
77	44.645	35 %	102 m
78	44.747	25 %	39 m

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High altitude parameters, data above							
Altitude	Distance m	% of total	Time in movement	Speed	Stopped time	Total time	Speed
Total :	0 Km	--- %	--- h	--- Km/h	--- h	--- h	--- Km/h

Stops					
Distance	Stopped time	Altitude	Elapsed time	Last stop elapsed time	Last stop distance
9.618	0:05:42	763	2:37:37	2:37:37	9.618
21.856	0:05:36	202	5:43:47	3:06:10	12.239
29.736	0:06:10	1285	8:08:41	2:24:54	7.88
33.431	0:12:17 > 10´	1114	9:19:12	1:10:31	3.694
38.693	0:06:49	1324	10:58:24	1:39:12	5.262
43.417	0:04:15	1311	12:18:37	1:20:13	4.724
44.786	0:13:53 > 10´	1483	12:49:07	0:30:30	1.369
50.045	0:00:54	691	14:31:19	1:42:12	5.259
Total :	0:55:36 h				

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